

Your Gift, Your Impact

Thanks to gifts from people like you, we offer a variety of brain health-related programs online daily at no cost to participants. Our community can explore topics like healthy brain aging, caregiving tools and support, and the latest research and information about the degenerative brain conditions treated at our center.

Your gift could support:

\$20

- > Purchasing and mailing one art kit for at-home participation in our virtual art activity, Mind in Design

\$25

- > Buying a book or DVD for the Lynne Ruffin-Smith Library for borrowing by our community

\$40

- > One workbook to expand at-home learning after a caregiving workshop

\$50

- > One session of a support group, enhancing coping skills and reducing isolation for patients or families



> YOU CAN BE THERE FOR THEM

Our patient and family advisory council tells us Cleveland Clinic Lou Ruvo Center for Brain Health is “more than just a doctor’s office” and encourages all families to take an active role in managing their brain health, starting with these educational programs.

And with your support, our community can do so at no cost.



\$75

- > One session of Lunch & Learn, a weekly education program for caregivers and the community
- > A one-on-one case management session with a social worker to address workplace leave, disability paperwork and other legal or social support concerns
- > A one-on-one session with a music therapist

\$60

- > One session of yoga to enhance wellbeing among care partners and individuals with neurocognitive disorders

\$150

- > One session of The Learning Arts, dynamic conversations about art, history and more from cultural institutions worldwide
- > One session of Dealing with Dementia, a skills course about making time for self-care while caregiving
- > A one-on-one counseling session with a mental health provider

\$100

- > Attendance for one person in Rhythmic Reminiscence®, a combined music-physical therapy group activity

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Making an impact: It's personal

**A gift of \$20-\$150 may seem like a lot.
Or maybe it doesn't.**

Yet, we know for patients and their families, it's highly significant. Your gift represents a shared commitment to better brain health.

"Donations epitomize hope for me, and commitment from our community." — Patty Halabuk

"I was lost, but now I'm found. When I walked through the door as a patient, I found my community. These are my people." — Kathi Badreddine

"We're all in this together. It's not just my fight, it's a community battle." — Alison Lopez

CLEVELAND CLINIC LOU RUVO CENTER FOR BRAIN HEALTH OFFERS WORLD-CLASS CARE FOR:

- Alzheimer's disease, frontotemporal dementia (FTD), Lewy body dementia (LBD) and other cognitive disorders
- Huntington's disease, Parkinson's disease, multiple system atrophy (MSA) and other movement disorders
- Multiple sclerosis (MS) and other related disorders

MAXIMIZING QUALITY OF LIFE

We specialize in collaborative care and are here for our community with a new neurology provider, a second opinion, or opportunities to access potential new approaches to treatment through our clinical research studies.

> Make a difference in our community. For your neighbors, your friends, your family.

Give now:
clevelandclinic.org/NVgive

Contact us: 702.263.9797
or DonateNevada@ccf.org



> See our full calendar of no-cost educational, therapeutic and support programs:
clevelandclinic.org/NevadaEvents



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